



**UNIVERSITY OF
SASKATCHEWAN**

**DIVISION OF CONTINUING
PROFESSIONAL LEARNING
COLLEGE OF MEDICINE**

**THE 58th ANNUAL
POGO – PEDIATRICS,
OBSTETRICS & GYNECOLOGY**

**February 2 & 3, 2012
(Thursday and Friday)
Ramada Hotel
1818 Victoria Avenue, Regina, SK**

The target audience includes family physicians, pediatricians, obstetricians, gynecologists, nurse practitioners, pharmacists and midwives. Residents and other health care professionals are welcome to attend.

The conference goal for POGO 2012 is to provide an update on recent developments in the diagnostic assessment of common medical problems in women and children, provide evidence-based management strategies for these issues, and review current guidelines.

GUEST SPEAKERS

**JULIE VAN SCHALKWYK, MD, FRCSC
GENERAL OBSTETRICS & GYNECOLOGY
BC WOMEN'S HOSPITAL & HEALTH CENTER
VANCOUVER, BRITISH COLUMBIA**

&

**MELANIE LEWIS, MD, FRCPC
PEDIATRICS
UNIVERSITY OF ALBERTA HOSPITAL
EDMONTON, ALBERTA**

**FIVE EASY WAYS
TO REGISTER:**

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www.usask.ca/cme/

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Continuing Professional Learning
1440 - 14th Avenue, Room 1B13
Regina, SK S4P 0W5

**PRESENTED BY:
UNIVERSITY OF SASKATCHEWAN
DIVISION OF CONTINUING PROFESSIONAL LEARNING, COLLEGE OF MEDICINE**

POGO

Planning Committee:

Amos Akinbiyi
Barb Beurivage
Carolyn Gray
Sharon Hobeika
Kathy Lawrence (chair)
Christine Lett
Milena Markovski
Bridget Mensah
Sheralyn Norton
Nalini Pillay

Declaration of Potential Conflict of Interest:

In keeping with accreditation guidelines, speakers and planning committee members will be required to disclose to the audience any real or apparent conflict(s) of interest, relating not only to the subject matter of this program, but also to any other medical topic.

Accommodation:

A block of rooms has been reserved at the Ramada Hotel, 1818 Victoria Avenue, Regina. Reservations can be emailed to regina@saskramada.com or call 1-800-667-6500. Please quote group name "**POGO Conference**". The convention rate is \$119.⁰⁰ for a Standard Room and \$139.⁰⁰ Business Class Room. Conference rates are available for reservations made prior to **January 8, 2012**. Please make your reservations early to ensure that a room is available at the conference rate. Underground hotel parking, based on availability, is \$7.⁰⁰ per day per vehicle.

Thursday, February 2, 2012

0730 *Registration and Breakfast*

0750 **Opening Remarks**

0805 **Infections Disease in Pregnancy - A Practical Approach** - Julie Van Schalkwyk
Participants will be able to describe an approach in pregnancy for infectious diseases such as Hepatitis B and C, HIV, HSV, Varicella, Bacterial vaginosis / yeast vaginitis, HPV, and GBS.

0845 Q&A

0855 *Relocation Break*

0900 **Interactive Small Group Sessions**

1. Infectious Disease in Pregnancy - Julie Van Schalkwyk

Participants will be able to work through case examples of infectious disease in pregnancy, including Hepatitis B and C, HIV, HSV, Varicella, Bacterial vaginosis / yeast vaginitis, HPV, and GBS.

2. Abnormal Vaginal Discharge - Amos Akinbiyi

Participants will be able to apply office-based experience, describe what is abnormal, identify prevalence, list causes, and determine management and review illustrations with "office cases of oops" in diagnosis and management.

3. Functional Abdominal Pain - Garth Bruce

Participants will be able to describe the etiology, differential diagnosis and possible treatments for functional abdominal pain, including some discussion on appropriate treatment for functional constipation.

4. Cord Blood Banking - Why Bother? - Rashmi Bhargava

Participants will be able to counsel patients about the benefits and costs of cord blood banking and identify cord blood banks available to Saskatchewan patients.

5. Pediatric Dermatology - Chiranjib Talukdar

Participants will be able to identify common rashes that children present with in an office visit, identify "red flags" rashes and list appropriate treatment strategies.

6. Chronic Pelvic Pain Cases - John Thiel

Participants will be able to identify different strategies for the evaluation and management of women with chronic pelvic pain.

0940 *Relocation Break*

0945 **Repeat Interactive Small Group Sessions (from 0900)**

1025 *Nutrition Break*

1040 **Repeat Interactive Small Group Sessions (from 0900)**

1120 *Relocation Break*

1125 **Chronic Pelvic Pain** - John Thiel

Participants will be able to describe the importance of a thorough history and examination in the management of chronic pelvic pain, identify the common investigations required and recognize the mind-body relationship in chronic pelvic pain and its role in management.

1205 Q&A

1215 *Lunch & Exhibits*

Thursday, February 2 (Continued)

1300 **Childhood Asthma** – Darryl Adamko

Participants will be able to list diagnostic criteria and review asthma in the young, focusing on the current recommendations with medications available on the market.

1340 Q&A

1350 *Relocation Break*

1355 **Interactive Small Group Sessions**

1. The Happy Wheezer – Is Every Wheezer Asthmatic? – Darryl Adamko

Participants will be able to describe why the young child wheezes, but does not respond to every-day treatments, identify the differential diagnosis and explore what further investigations should be done.

2. Anxiety in Young Children – Heather Switzer

Participants will be able to describe difficulties children with anxiety face, list recommendations in the treatment process and identify screening tools for office visits.

3. Careful! Bad Things Can Happen in Obstetrics – Amos Akinbiyi

Participants will be able to describe unexpected outcomes and identify some common avoidable problems in obstetrics and the labour and birth unit.

4. Hematology: Case Studies – Mansoor Haq

Through a case-based approach, participants will be able to identify when to worry and what investigations need to be done when a child has an abnormal CBC.

5. Office Management of Abnormal Uterine Bleeding – Martha Briggs

Participants will be able to counsel patients about medical management options for AUB, initiate therapy in the office, and identify when gynecologic assessment is required.

6. Recurrent UTIs and Dysuria – Anita Harding

Participants will be able to identify the most common organism treatment options, manage recurrent UTIs according to current guidelines as well as investigate and treat acute and chronic dysuria in the office.

1435 *Relocation Break*

1440 **Interactive Small Group Sessions (from 1355)**

1520 *Nutrition Break*

1535 **Interactive Small Group Sessions (from 1355)**

1615 *Relocation Break*

1620 **Pep Talk on the Pap: Discussion on the New Guidelines** – Betsy Brydon

Participants will be able to update knowledge about cervical cancer in Saskatchewan, refresh knowledge of the HPV virus and cervical cancer, and discuss the implications of the new guidelines on practice.

1700 Q&A

1710 *Adjourn*

Study Credits:

As an organization accredited to sponsor continuing medical education for physicians by the Committee on Accreditation of Canadian Medical Schools, Continuing Professional Learning, College of Medicine, University of Saskatchewan, has approved this education program for

- **13.00 MAINPRO-M1** credits on behalf of the College of Family Physicians of Canada, Saskatchewan College. Reciprocal recognition is provided by the American Medical Association for the Physician's Recognition Award, and by the American Academy of Family Physicians.
- **13.00** credits for Maintenance of Certification (**MOC**) program (Accredited Group Learning Activity) from the Royal College of Physicians and Surgeons of Canada.
- **8.25** Continuing Education Units (CEUs) approved by Continuing Professional Development for Pharmacists (CPDP).

SMA Education Fund:

Up to \$3,000 of fees for recognized CME activities can be recovered each year by Saskatchewan physicians from the CME fund, which is managed by the Saskatchewan Medical Association.

**PLEASE CLICK HERE FOR
SMA FUND APPLICATION**

Friday, February 3, 2012

0745 *Breakfast*

0815 Pediatric Abdominal Pain – Rob Woods

Participants will be able to work through cases of children of varying ages with abdominal pain to develop age-specific differential diagnosis and discuss the utility of labwork, urinalysis and imaging.

0855 Q&A

0905 *Relocation Break*

0910 Interactive Small Group Sessions

1. Pediatric Upper Extremity Injuries – Rob Woods

Participants will be able to work through cases to recognize and manage common and important pediatric upper extremity injuries with emphasis on “not-to-miss” x-rays.

2. Child Abuse – Melanie Lewis

Participants will be able to identify physical findings of physical and sexual abuse, differentiating between pre-pubertal and post-pubertal sexual abuse which will lead to more appropriate referrals.

3. Medical Management of Hot Flashes – Thirza Smith

Participants will be able to counsel patients about the benefits and risks of hormone therapy for vasomotor symptoms and counsel patients about non-hormonal alternatives to managing vasomotor symptoms.

4. CBT - on the go: Application to Postpartum Depression – Tania Safnuk & Allisson Quine

Participants will be able to review key Cognitive Behavior Therapy (CBT)-based factors that are the driving force behind effective non-pharmacological interventions for mood disorder and initiate a process for structuring brief CBT-based interactions for busy health care professionals.

5. Developmental Delays – Jaya Bodani

Participants will be able to define developmental delay, dissociation, deviance and common childhood disabilities, identify the most common risk factors and causes of disabilities during childhood, and describe developmental red flags for early recognition and referral for evaluation and intervention.

6. Mommy, it Burns! - UTI's in Children – Milena Markovski

Participants will be able to recognize and apply an evidence-based approach to UTI's in children of all ages.

0950 Interactive Small Group Sessions (from 0910)

1030 *Nutrition Break*

1050 Interactive Small Group Sessions

1130 *Relocation Break*

1135 Adolescent Gynecology – Melanie Lewis

Participants will be able to review a broad range of gynecological issues facing adolescents including dysfunctional uterine bleeding and contraception issues.

1215 Q&A

1225 *Lunch & Exhibits*

Unrestricted educational grants from the following are gratefully acknowledged:



Friday, February 3 (Continued)

1315 Hypertension in Pregnancy – Angela Poole

Participants will be able to diagnose hypertension in pregnancy, initiate investigations and treatment for hypertension in pregnancy and identify when referral is required.

1355 Q&A

1405 Relocation Break

1410 Interactive Small Group Sessions (*only offered twice)

1. Office Management of Miscarriage – Amos Akinbiyi

Participants will be able to review the definition, aetiology, diagnosis and management of miscarriages using case scenarios.

2. Why offer Women the Choice of Home Birth and Water Birth? – Bridget Mensah & Jessica Bailey

Participants will be able to identify the risks and benefits of home birth and water birth, as well as identify a number of clients with successful home birth in Saskatchewan (Saskatoon and Regina).

3. Taking Action to Control Asthma – Nalini Pillay and Carolyn Gray

Participants will be able to review tools, resources, and strategies available for encouraging improved self-management of asthma in the pediatric population.

4. Breastfeeding Challenges and Management – Catherine Lys

Participants will be able to describe the physiology of the lactating breast during pregnancy and postpartum, identify common breastfeeding challenges and how best to treat each situation, when and where to refer a mother for continued breastfeeding assistance in the community.

5. A Window on Refugee Health – Razawa Maroof

Participants will be able to describe common health issues for immigrant women and identify cultural barriers to care.

6. Management of Post-Date Pregnancy – Jennifer Hilton

Participants will be able to identify risks associated with postdates pregnancies and counsel patients about management options.

1450 Relocation Break

1500 Interactive Small Group Sessions (from 1410)

1540 Relocation Break

1545 Closing Remarks & Evaluations

1600 Adjourn

OTHER GRANTS

Ehrlo Counselling Services



RQHR Population and Public Health Services



SaskMilk Saskmilk

HOW TO REGISTER:

Online

www.usask.ca/cme/

Phone

(306)766-4016

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Mail

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1440 - 14th Avenue, Room 1B13
Regina, SK S4P 0W5

Please Note:

Small group session attendance will not be allocated for this conference. **All small group sessions will be on a first-come, first-served basis.**

If the session is full, the door will be closed and participants will have to attend another session. Most sessions are offered three times. Please be punctual in order to attend your sessions of choice.

Cancellation and Refund Policy:

This course incurs significant non-refundable expenses prior to the course. Please read carefully and understand our cancellation policy before submitting your registration.

1. Cancellation must be received in writing by **January 24, 2012** and will be subject to a \$75.⁰⁰ administration fee. **Refunds will not be considered on or after January 25, 2012.**

2. University of Saskatchewan, Division of Continuing Professional Learning, reserves the right to cancel or postpone a course due to insufficient registration or circumstances beyond our control. This course may be cancelled twenty (20) days prior to the course date. Each registrant will be notified by telephone, with written notification and a full refund following. Continuing Professional Learning, College of Medicine, is not responsible for any other costs including, but not limited to, airline or hotel penalties.

POGO 2012

REGISTRATION FORM

February 2 & 3, 2012, Ramada Hotel, Regina

CONTACT DETAILS

Dr. Mr. Ms.

ONLINE REGISTRATION

Last Name Given Name(s)

Address

City Province Postal Code

Telephone Fax

Email

CONFERENCE FEES

Include course materials, breakfasts, coffee breaks and lunch.

PHYSICIANS - FULL COURSE

- 525.⁰⁰ (500.⁰⁰ + 25.⁰⁰ GST) Before January 21, 2012
 577.⁵⁰ (550.⁰⁰ + 27.⁵⁰ GST) January 21, 2012 and after

MIDWIVES AND OTHER HEALTH PROFESSIONALS

- 372.⁷⁵ (355.⁰⁰ + 17.⁷⁵ GST) Before January 21, 2012
 425.²⁵ (405.⁰⁰ + 20.²⁵ GST) January 21, 2012 and after

MEDICAL RESIDENTS/MEDICAL STUDENTS

- 141.⁷⁵ (135.⁰⁰ + 6.⁷⁵ GST) Flat rate

- Family Physician
 Specialist (please specify) _____
 Pharmacist
 Nurse/NP
 Midwife
 Student/Resident
 Other (please specify) _____

PAYMENT INFORMATION

\$ TOTAL AMOUNT ENCLOSED

VISA MASTER CARD CHEQUE

CREDIT CARD NUMBER EXPIRY DATE

NAME OF CARDHOLDER

Participants who register for CPL events are included in the CPL database for future educational program updates. If you DO NOT wish to have CPL course brochures emailed to you, please indicate below:

- I DO NOT wish to be on the CPL email list and receive regular updates on upcoming CME events.
 I do not have email; please mail information to this address:

[GST Registration # 11927 9313 RT]

SASKATCHEWAN FACULTY

ACADEMIC APPOINTMENTS ARE WITH THE UNIVERSITY OF SASKATCHEWAN

DARRYL ADAMKO
PEDIATRICS, RESPIROLOGY
SASKATOON

CAROLYN GRAY
PHARMACIST
REGINA

ANGELA POOLE
CLINICAL ASSISTANT PROFESSOR
OBSTETRICS & GYNECOLOGY
REGINA

AMOS AKINBIYI
CLINICAL ASSOCIATE PROFESSOR
OBSTETRICS & GYNECOLOGY
REGINA

MANSOOR HAQ
CLINICAL ASSISTANT PROFESSOR
PEDIATRIC ONCOLOGY
REGINA

ALLISSON QUINE
DOCTORAL PSYCHOLOGIST
REGINA

JESSICA BAILEY
REGISTERED MIDWIFE
SASKATOON

ANITA HARDING
OBSTETRICS & GYNECOLOGY
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TANIA SAFNUK
DOCTORAL PSYCHOLOGIST
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JAYA BODANI
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CATHERINE LYS
LACTATION CONSULTANT
REGINA

HEATHER SWITZER
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MILENA MARKOVSKI
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